**LEEP (Loop Electrosurgical Excision Procedure) PRE & POST INSTRUCTIONS**

LEEP is a treatment for cervical dysplasia. The procedure itself takes approximately 5-10 minutes. Most people find the LEEP very similar to the colposcopy in terms of the level of discomfort. You will receive a local anesthetic.

Please inform the nurse or physician in advance if you have any allergies, medical problems, or heart conditions that require antibiotics before medical procedures.

**LEEP Preparation:**

* Please do not douche or use any vaginal creams for at least three days prior to your LEEP
* Please be sure that you are not having any vaginal bleeding on the day of your procedure
* You may have a meal one to two hours before your procedure is scheduled. At that time, you can take 400-800mg ibuprofen (3-4 Advil) or 2 Aleve to minimize cramping during and after the procedure

**If you find that you are extremely anxious about your upcoming LEEP, please call our office for a prescription for an anti-anxiety medication. Please allow several days for this request to be processed.**

**After your LEEP:**

* You should not put anything in your vagina while your cervix is healing- this means no vaginal intercourse, no tampons, and no douching for six weeks following the procedure
* It is advisable that you use condoms until your follow up visit 6-8 months
* You can expect to have vagina drainage or discharge, which may be bloody
* If you get your period during your first six weeks after the procedure, you must use pads. If during the first six weeks following the procedure you have bleeding that is as heavy as your period and you are NOT menstruating, please call the office
* You may go to work and engage in physical activity as tolerated

You will receive a phone call approximately two weeks following your LEEP. A nurse will explain the pathology report from the LEEP and inform you of the recommended follow up. Most likely, the follow up will be a pap and HPV test in 6 months or one year. Although we attempt to send out reminder letters, it is advisable for you to make a note in your calendar to call for an appointment 1-2 months before you are due for your follow up.

IMPORTANT!!! We do not require you to have someone to accompany you home, but someone should be available if the need should arise. Please make these arrangements in advance.

You should call the office at (212) 966-7600 9a-5p or emergency number at (718) 575-3844 after 5p if you experience moderate to severe cramping, abdominal pain, dizziness or heavy bleeding.

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